

What is Occupational Therapy?

Occupational Therapists assist people of all ages to do tasks important to them. This may be any occupation that a person does during their day and includes showering, dressing, cooking, cleaning, playing, writing, sports, school etc.

An Occupational Therapist will assess the person, the environment, and the task prior to making recommendations.

Occupational Therapy is about helping people to achieve independence in tasks through promoting skill development or by use of alternative techniques and equipment.

Who are services provided to?

Children
Adults
Department Veterans Affairs
Medicare
Work Cover
Public and private organisations

How do I refer?

You can send a referral through via fax, email or Argus Messenger Network. You can call to discuss your needs and the appropriate path to follow.

Limestone Coast Occupational Therapy

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Mount Gambier SA 5290

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Limestone Coast Occupational Therapy Services

Helping children and adults live life to the full.

Providers for Medicare, DVA, Home Front, Work Cover and Private Health Funds

Accredited
Occupational
Therapist



Ph: 0439389154

1 STOP Children's Health Centre

*Helping children from finger
tips to toes!*

What services do we offer?

- Children from 0 –18 years of age
- Using a sensory integration and developmental approach
- Catering for Autism Spectrum Disorders, ADHD, Sensory Processing Disorders, Developmental Delay, Learning disorders / difficulties
- Addressing handwriting problems, self help skills, fine and gross motor coordination, visual perceptual difficulties, behavior and self esteem issues, strategies for school
- Wellness education programs



ADULT SERVICES

What services do we offer?

- Assessment and rehabilitation to assist independence and safety in daily life tasks.
- Home safety and falls risk assessment, including mobility and transfers. DVA Home Front assessment.
- Assessment and prescription of rehabilitation aides and equipment, including electric mobility and wheelchairs.
- Hand therapy—hand / upper limb splinting and wax therapy groups.
- Accredited Occupational Therapy Driver Assessor.
Driver assessment / rehabilitation and recommendations for vehicle modifications for potential, new and older drivers.
- Work Cover ADL assessment, workplace assessment and treatment.

ADULT SERVICES

- Ergonomic Assessment and education sessions.
- Manual Handling Training.
- Advice on home / building modifications for ageing and disability issues, including access.
- Health and wellness education.
- Advice and referral to other community services.

Service Areas

Lower SE of SA, including
Mt Gambier, Millicent, Beachport,
Pt MacDonnell, Naracoorte